



DELVES LANE PRIMARY SCHOOL

Delves Lane, Consett, Co Durham, DH8 7ES

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15th June 2021

Dear Parent/Carer,

Year 5 Swimming Lesson

Class 12

Thursday 8th July 2021

On Thursday 8th July, Class 12 will begin their curriculum swimming lessons. Unfortunately, due to current restrictions this will only be for one week but we sincerely hope that your child will be able to begin swimming on a weekly basis at the start of Year 6.

The lesson will take place at Catchgate Primary School's swimming pool. Children will leave school straight after their lunch and travel by coach to the venue, returning to school at approximately 2:45pm for their normal home time arrangements.

Lessons are led by qualified swimming coaches and where required, children will be supported in the water by members of school staff.

Your child will need to bring the following items into school with them on both of the date mentioned above:

- **Swimming Bag** (Including a spare plastic bag for wet clothes)
- **Swimming Trunks/ Costume** (No bikinis allowed)
- **Swimming Goggles** (Optional - to help with children's water confidence)
- **Swimming Cap** (Optional - to help with children's water confidence)
- **A Towel**

All children are now expected to achieve the government set requirements for swimming by the end of primary school. These requirements state that all children should be able to swim 25 meters competently, confidently and proficiently using a range of strokes and should be able to perform safe self-rescue in different water-based situations.

Swimming is a fun part of the National Curriculum and a statutory part of the Primary PE Curriculum; therefore unless your child has an appropriate medical note they will be expected to participate.

Yours sincerely,

C Turnbull

Mr C Turnbull
Teacher/ PE Leader

