



DELVES LANE PRIMARY SCHOOL

Delves Lane, Consett, Co Durham, DH8 7ES

Head Teacher: Mrs R A Woods

Tel: 01207 503984 Fax: 01207 588880 delveslaneprimary@durhamlearning.net

LEARN, ACHIEVE, INSPIRE

Monday 14th June 2021

Dear Parents/Carers,

Please read this information carefully as it contains curriculum coverage for the teaching of Relationships Education, Health Education and Sex Education over the next half-term.

From September 2020, Relationships and Health Education became compulsory in all primary schools and parents/carers do not have the right to withdraw their children from these subjects. We believe that this work is an important part of safeguarding children as knowledge empowers them, helps them to stay safe and cope with puberty by understanding why their bodies will change.

At Delves Lane Primary School we define 'sex education' to mean 'human reproduction'. This is in line with the Jigsaw scheme that we use. **Parents do have the right to withdraw their child from particular lessons which include human reproduction.** These are outlined in **red** below and feature only in Y6. Children will also learn about life cycles (including human reproduction) in Year 5 as part of the compulsory science curriculum. If you do wish to withdraw your child from the human reproduction parts in Year 6, please complete the withdrawal form at the end of this document. Withdrawal requests can only be approved by the Head Teacher.

Why is this RSHE curriculum needed?

There are four main aims for teaching RSE within the context of Primary School PSHE (Personal, Social, Health Education):

- More than ever before, children are exposed to representations of sex and sexuality through the social culture around them. The unregulated content on the internet or social media, can mean children may be exposed to dangerous, confusing or scary content. We can prepare them for this by presenting a balanced view of positive healthy relationships to help them to be discerning and to stay safe.
- There is much independent research showing most parents and carers value the support of schools in providing Relationship and Sex Education for their children. Parents and schools want children to be safe and happy.
- A range of independent research consistently shows that effective Relationship Education delays first sexual experience and reduces risk-taking in young people.
- Surveys of children and young people, as well as Ofsted, have repeatedly said that Relationship and Sex Education tends to be "too little, too late and too biological". This is one of the many reasons why the Department for Education has made Relationships and Health Education compulsory in primary schools from September 2020, with an emphasis on Relationships Education.



If you do have a concern, we would ask you to refer this directly to your child's class teacher in the first instance and prior to making a withdrawal request.

What will my child actually be taught about puberty and human reproduction?

The Jigsaw unit 'Changing Me' is taught over a period of 6 weeks in Summer Term 2. **Each year group will be taught appropriate to their age and developmental stage.** If a question arises and the teacher feels it would be inappropriate to answer, the child will be encouraged to ask his/her parents/carers at home. **The question will not be answered to the child or class if it is outside the remit of that year group's lesson.**

Year group	Piece Number and Name	Learning Intentions
Reception (Class 1 & 2)	Piece 3 Growing Up	<ul style="list-style-type: none"> Seek out others to share experiences. Show affection and concern for people who are special to them
1 (Class 3 & 4)	Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none"> Identify the parts of the body that make boys different to girls and use the correct names for these: penis, testicles, vagina. respect their own body and understand which parts are private
2 (Class 5 & 6)	Piece 4 Boys' and Girls' Bodies	<ul style="list-style-type: none"> recognise the physical differences between boys and girls, use the correct names for parts of the body (penis, testicles, vagina) and appreciate that some parts of the body are private tell you what they like/don't like about being a boy/girl
3 (Class 7 & 8)	Piece 1 How Babies Grow	<ul style="list-style-type: none"> understand that in animals and humans lots of changes happen between conception and growing up, and that usually it is the female who has the baby express how they feel when they see babies or baby animals
	Piece 2 Babies	<ul style="list-style-type: none"> understand how babies grow and develop in the mother's uterus and understand what a baby needs to live and grow express how they might feel if they had a new baby in their family
	Piece 3 Outside Body Changes	<ul style="list-style-type: none"> understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies identify how boys' and girls' bodies change on the outside during this growing up process
4 (Class 9 & 10)	Piece 4 Inside Body Changes	<ul style="list-style-type: none"> identify how boys' and girls' bodies change on the inside during the growing up process and why these changes are necessary so that their bodies can make babies when they grow up <p>recognise how they feel about these changes happening to them and how to cope with these feelings</p>
5 (Class 11 & 12)	Piece 2 Puberty for girls only	<ul style="list-style-type: none"> explain how a girl's body changes during puberty and understand the importance of looking after themselves physically and emotionally understand that puberty is a natural process that happens to everybody and that it will be OK for them menstruation talk (Delivered by School Nurse)

	Piece 3 Puberty for Boys and Girls	<ul style="list-style-type: none"> describe how boys' and girls' bodies change during puberty express how they feel about the changes that will happen to their bodies during puberty (Delivered by School Nurse)
	Science	Reproduction in animals (including humans) is taught through the science unit 'Life Cycles'.
6 (Class 13 & 14)	Piece 2 Puberty	<ul style="list-style-type: none"> explain how girls' and boys' bodies change during puberty and understand the importance of looking after themselves physically and emotionally express how they feel about the changes that will happen to their bodies during puberty (Delivered by School Nurse)
	Piece 4 Babies – Conception to Birth	<ul style="list-style-type: none"> describe how a baby develops from conception through the nine months of pregnancy, and how it is born recognise how they feel when they reflect on the development and birth of a baby <p><u>Parents do have the right to withdraw children from this session as it is classed as human reproduction.</u></p>
	Piece 4 Attraction	<ul style="list-style-type: none"> understand how being physically attracted to someone changes the nature of the relationship express how they feel about the growing independence of becoming a teenager and their confidence that they can cope with this. Boyfriends/girlfriends/ sexting * This will be delivered by PSO as part of internet safety talk.

Please get in touch if you have any queries. Your child's class teacher can be contacted via email. If your queries cannot be answered by the class teacher, then please contact the school office to arrange an appointment with our Headteacher, Mrs Woods.

Thank you

B Woods

Mrs B Woods
Headteacher

Parent Form: Withdrawal from sex education within RSHE (Year 6 Parents ONLY)

<u>TO BE COMPLETED BY PARENTS</u>	
Name of child	Year 6 Class____
Name of Parent	
Reason for withdrawing from human reproduction elements in Year 6	
Parent Signature and Date	